



HASSETT
HARDWARE

Vehicle Emergency Supply Kit Checklist Including First Aid Kit

- Drinking water, at least 3 gallons
- Non-perishable food: high-protein, low sugar, low salt
- Cell phone charger
- Road map
- Flashlight and new batteries
- First Aid Kit: This list is taken directly from the Red Cross Auto First Aid Kit. You can also purchase complete vehicle first aid kits at AceHardware.com or at most chain drug stores.
- Waterproof matches
- Blanket
- Emergency flares or glow sticks
- Roll of duct tape
- Paper towels or rags
- Water and food for your pets
- Full gas tank

- 4 Ibuprofen, 2/pk
- 2 Extra Strength Non-Aspirin, 2/pk
- 1 Red Cross First Aid Guide
- 1 Light Stick
- 2 Nitrile Exam Gloves
- 1 Mini First Aid Guide with Auto Report
- 1 Cold Compress, 4" x 5"
- 1 "Call 911" Distress Flag
- 30 Adhesive Bandages, Plastic 3/4" x 3"
- 10 Junior Adhesive Bandages, Plastic 3/8" x 1 1/2"
- 1 1/2" x 1 1/2" Patch Bandage
- 20 Adhesive Bandage, Fabric 3/4" x 3"
- 2 Knuckle Fabric Bandage
- 2 Fingertip Fabric Bandage
- 3 Butterfly Wound Closure, 3/8" x 1 13/16"
- 6 Gauze dressing pads, Sterile 2" x 2"
- 2 Gauze dressing pads, Sterile 3" x 3"
- 1 Conforming Gauze Roll Bandage, Sterile 2" x 4.1 yd
- 1 Trauma Pad, 5" x 9"
- 10 Alcohol Cleansing Pads
- 12 BZK Antiseptic Towelette
- 2 Insect Sting Relief Pad
- 2 Motion Sickness Tablets
- 3 First Aid Cream Pack, 0.9 gm ea
- 10 Cotton Tipped Applicators
- 1 Finger Splint/Tongue Depressor
- 1 First Aid Tape Roll, 1/2" x 5 yd
- 1 Emergency Blanket

Your vehicle should always have its own backup supplies, but especially during severe weather, it's important to make sure you have well-provisioned vehicle supplies.

- Proper size and inflated spare tire
- Jumper cables
- Jack and wheel wrench
- Multipurpose tool
- Pressure gauge
- Vise grips
- Car battery charger
- Portable air compressor tire inflator
- Tow strap
- Antifreeze
- Motor oil: 2-3 quarts
- If you have a truck with outside storage like a roof rack or empty bed, you can carry a spare fuel container filled with gasoline - make sure you are using a container meant to store flammable liquids. DO NOT store gasoline inside your car or in a plastic container.
- A high-lift jack isn't essential, but it's a good idea